

WEIGHT LOSS EXPERT

This program provides an exercise program to promote health, physical activity, and educational awareness. Its primary objective is to instil healthy lifestyle habits that may last a lifetime. This will significantly reduce obesity risk factors and enhance interest in personal health, movement related activities and sports. This program not only help individuals to fight obesity but also helps School administrators and physical education teachers are seeking ways to help students become better a better trainer, these workshops help the trainers seeking ways to help students become more physically fit, not only to prepare for the test, but also to fight the worrisome and severe obesity problem.

Duration: One Month with 6 hours Contact Session
For Enrolment Call: +91-7065507717 or Email us
at:info@impacthealthconsultant.com
