

WELLNESS COACH

Wellness coach programme is a one month 6 hours contact session focused on looking at balancing needs, and helping you understand & take charge of your mental health. Attendees are taught to have a balance between their, emotions, career & relationships. Thus efficiently managing their personal & professional stress.

Duration: One Month With 6 hours Contact Session
For Enrollment Call:+91-7065507717 Or Email us
at:info@impacthealthconsultant.com
