

Workshop 4:

Topic: Beer, Booze, Busted & Breaking Away from the Pack

Number of participants: 25(max)

Time duration: 08 hours(one day)

Speaker: Dr.Nipun Choudhry

Bad luck or bad decisions? Think this could never happen to you? Think again! An honest Talk & discussion on alcohol use and abuse.

We want to help you or your friend get ready for the Great Indian Smoke Out. A session on "Stop Smoking" .Do you really know the dangers associated with GHB, Rohypnol, Ecstasy and other recreational drugs? We will give you the facts. There's no magical fix for the perfect body. Learn about the different products on the market and how they affect your body.

Special attractions: Action Planning & Group Counselling

