

## Trainer

Dr. Nipun Choudhry [M.D, M.Phil-Health Management]

Dr. Rahul K. Garg [MBBS, MBA (IIM Ahmedabad)]

9:00 am	<b>Session 1</b>	1 hour	<b>Scenario of a Disaster</b> <ul style="list-style-type: none"> <li>Introduction to Disaster and types of disaster</li> </ul>	Principles of Disaster management <ul style="list-style-type: none"> <li>First Aid &amp; Medical Care</li> </ul>
10:00 am			<b>Tea</b> <span style="float: right;"><b>30 minutes</b></span>	
11:00 am	<b>Session 2</b>	2.5 Hours	<b>Phase 1: Preparedness</b> <ul style="list-style-type: none"> <li>Mock Drill</li> <li>Basics of ERT</li> <li>Components of EOP (Emergency Operation plan)</li> </ul>	<b>Phase 3: Recovery</b> <ul style="list-style-type: none"> <li>Counseling services</li> <li>Recovery plan</li> </ul>
12 noon			<b>Phase 2: Response</b> <ul style="list-style-type: none"> <li>Rescue team/ERT</li> <li>Medical camps</li> <li>Disaster response</li> <li>Modern methods</li> </ul>	<b>Phase 4: Prevention</b> <ul style="list-style-type: none"> <li>Structural</li> <li>Signage</li> </ul>
1:00 pm	<b>Lunch</b> <span style="float: right;"><b>1 hour</b></span>			
2:00 pm	<b>Session 3</b>	1.5 Hours	<b>Mock drill</b> Fire evacuation	
3:00 pm			<b>Tea</b> <span style="float: right;"><b>30 Minutes</b></span>	
4:00 pm	<b>Session 4</b>	1 hour	<b>Preventive measures</b> (Signage and structural analysis)	<b>Action Plan</b> (Individual Disaster management plan )
5:00 pm				